



# TRAUMA COUNSELING

The recent Marjory Stonemen Douglas High School tragedy has profoundly impacted our community. If you have been affected and are experiencing depression, anxiety, anger, grief, or are having difficulty communicating, focusing or feeling stressed, please know that free help is available.

## Youth

### Kids In Distress

Rachel Hord  
954-390-7654 ext 1039

### Memorial Healthcare System

Joshua Plantz  
954-276-0920



## Adult

### Memorial Healthcare System

Tracy Klein  
954-276-3402

## Youth -or- Adult

### Henderson Behavioral Health

Lani Fandino  
954-677-3113 opt 3

### Smith Community Mental Health

Michael Houghtaling  
954-321-2296 ext 219

### Banyan Health Systems

Shirley Gramajo  
954-587-1417

### Chrysalis Health

Kenjenique Johnson  
954-587-1008 ext 1051

*Counseling provides the opportunity for individuals to begin the healing process with trauma trained professionals. The counseling relationship is objective, non-judgmental, and understanding. Most importantly, services are strictly confidential, available at no cost and provided by an organization of your choice. Daytime, evening and weekend appointments are available.*

**For immediate crisis services, please contact Henderson Behavioral Health:**

Adult Mobile Crisis Response Team 954.463.0911

Youth Emergency Services 954.677.3113 opt 3

